Kinesiology (KINES)

KINES 046  Care & Prevention of Athletics Injuries  (3)

Class Hours: 3.00 Lecture | 54.00 Laboratory
Advisory(s): ENG 051A

KINES 046 is designed for prospective coaches, athletic trainers, and health and physical educators. The course aids in the recognition, evaluation, and care of athletic injuries, as well as techniques in taping, prevention and rehabilitation of injuries. (AA/AS, CSU)