

Kinesiology AA Pathway

Career Pathway:

Program Description: The term kinesiology means the study of movement and the associate of arts degree program emphasizes major preparation courses for students seeking transfer to a four-year university. Students entering the field of kinesiology can look forward to career prospects in the areas of fitness, health and wellness, athletic training, exercise science, education/coaching, and sports administration.

Student Name: _____ ID# _____

Counselor: Mark Matteson Advisor: Domenica Sanchez Faculty: Mark Arce, Mark Gritton, Jason Smith

*A grade of "C" or higher required for ENG, MATH, COM and all major courses.

Full Time 2-Year Plan	Part Time 4-Year Plan	Course ID	Description	Units	To-Do List	
Semester 1	Semester 1	HE 035	Personal Health & Hygiene	3	Meet with your Advisor to confirm plans.	
		ENG 001A	Composition and Reading	3		
		NC 200 * if placement requires*	College Reading and Writing Preparedness	0		
	Semester 2	Semester 2	KINES 001	Introduction to Kinesiology	3	Begin research on four-year schools. Begin research on careers https://vitanavis.com/westhillscollege , https://www.onetonline.org/ and https://jobspeaker.com/ .
			PE Activity		1	
			PHIL 003	Ethics	3	
				13		
Semester 2	Semester 3	MATH 025	Introduction to Statistics	4	Meet with your Counselor to discuss progress.	
		NC 202 * if placement requires*	Introduction to Statistics Support	0		
		KINES 002 / PSYCH 029	Introduction to Sport & Exercise Psychology	3		
	Semester 4	Semester 4	NUT 001	Basic Nutrition	3	Meet with your Faculty mentor to discuss program pathway and career options.
			CHEM 002A	Introductory Chemistry	4	
			PE activity		1	
				15		
Semester 3	Semester 5	COM 001 or COM 004	Elements of Speech or Small Group Dynamics and Presentation	3	Prepare documentation for college application.	
		BIO 032	Human Anatomy	4		
	Semester 6	Semester 6	HIST 017A or HIST 017B	History of the US 1492-1877 or History of the US 1865-Present	3	Apply to four-year schools of choice. Begin seeking four-year funding outlets such as scholarships and aid.
			ENG 003 or SOC 002	Argumentative Writing & Critical Thinking or Critical Thinking about Social Problems	3	
			PSYCH 001	Introductory Psychology	3	
				16		
Semester 4	Semester 7	BIO 035	Human Physiology	4	Petition to Graduate for Kinesiology AA with your Counselor.	
		POLSCI 001	American Government	3		
		ART 042 or MUS 042	Art Appreciation or Music Appreciation	3		
	Semester 8	KINES 048	First Aid & Safety	3		
		KINES 046	Care & Prevention of Athletic Injuries	3		
				16		
			Total Program Units	60		

Important:

- This is only a recommended course sequence. Classes are subject to change based on the transfer university. Please check with your counselor and/or advisor to ensure you are enrolled in the correct classes.
- Summer can be used as an option as well.
- Students are recommended to complete English and Math in their 1st year.
- Completion of this Student Educational Plan does not register you for classes. You must register via Self-Service in your MyWestHills portal.
- You must coordinate your financial aid with the cost of classes above. It is the student's responsibility to ensure the financial aid process is complete in order for financial aid to cover the cost of tuition and fees incurred.
- Students must "Petition to Graduate" with their counselor during their last semester in order to receive their certificate or degree and be eligible to walk in the commencement ceremony.

Transfer Information:

- Students transferring to the University of California (UC) are required to demonstrate competence in a language other than English. This requirement may be demonstrated through one of the following methods: 1) 2 years of the same foreign language in high school with C-grades or higher, 2) completing formal schooling through 6th grade or higher at an institution where the language of instruction is not English or 3) completing SPAN-002 or higher at WHCC with a grade of C or higher. Please consult with your counselor to see which method works best for you!
- Please consult with counselor for minimum transfer grade requirements.
- Fall admissions deadline for California State University (CSU) and University of California (UC) institutions is November 30th! Please check individual deadlines for all other universities.
- Apply to CSU at www.calstate.edu/apply. Apply for UC at admission.university.edu.

Student Signature: _____

Date: _____