# West Hills College Coalinga

# Course Outline of Record Report

09/14/2018

# IS002 : Career Planning

#### General Information

Number (CB01):

Author(s): IS Subject (CB01):

Course Title (CB02): Career Planning

Department: Interdisciplinary Studies

**Proposal Start:** Spring 2018

TOP Code (CB03): (4930.12) Job Seeking/Changing Skills

002

CIP Code:

CIP Name: Job-Seeking/Changing Skills

SAM Priority Code (CB09): Non-occupational

Yes **Distance Education Approved:** 

Course Control Number (CB00): CCC000326228

**Curriculum Committee Approval Date:** Pending **Board of Trustees Approval Date:** Pending 09/27/2010 **External Review Approval Date:** 

**Course Description:** IS 002 examines the career development process and teaches students a quantifiable decision-

> making process that will help them identify and plan for their career/life planning and educational goals. The course focuses on self and career exploration, as well as identifying an educational pathway to achieve desired professional goals. Students will identify their interests, values, skills, and personality types as they relate to career/life planning and educational goals.

(AA, CSU)

**Submission Rationale:** No value

#### **Faculty Requirements**

Master Discipline Preferred: Counseling

Alternate Master Discipline Preferred: No value **Bachelors or Associates Discipline** No value

Preferred:

**Additional Bachelors or Associates** No value

Discipline:

# **Course Development Options**

Course Basic Skill Status (CB08)

Exam/Challenge

Course is not a basic skills course. Course is not a special class.

**Allowed Number of Retakes** Allow Students to Gain Credit by

Rationale For Credit By Exam/Challenge

No value

**Retake Policy Description** 

Course Special Class Status (CB13)

No value

**Grade Options** 

· Letter Grade methods

Course Prior to College Level (CB21)

Not applicable.

Allow Students To Audit Course

## **Associated Programs**

Course is part of a program (CB24)

**Associated Program Award Type** No value No value

# Transferability & Gen. Ed. Options

Request for Transferability (CB05)

**Transferability Status** 

Transferable to CSU only

Approved

#### **Units and Hours**

## **Summary**

Minimum Credit Units (CB07) **Total Course In-Class Total Student Learning Hours** 18 54

(Contact) Hours

Maximum Credit Units (CB06) **Total Course Out-of-Class Faculty Load** 

Hours

## **Credit / Non-Credit Options**

**Course Credit Status (CB04) Course Non-Credit Category (CB22) Non-Credit Characteristics** 

Credit - Degree Applicable Credit Course. No value

No value

Course Classification Code (CB11)		Funding Agency C	ategory (CB23)	Cooperative Work Experience Education					
Credit Course.		Not Applicable.		Status (CB10)					
☐ Variable Credit Course									
Weekly Studen	t Hours		Course Student Hours						
	In Class	Out of Class	Course Duration (Weel	<b>ks)</b> 18					
Lecture Hours	1	2	Hours per unit divisor	54					
Lab Hours	-	-	Course In-Class (Conta	Course In-Class (Contact) Hours					
Activity Hours	-	-	Lecture	18					
			Lab	-					
			Activity	-					
			Total	18					
	Course Out-Of-Class Hours								
			Lecture	36					
			Lab	-					
			Activity	-					
			Total	36					
Time Commitment Notes for Students  No value									
Faculty Load			Foculty Londs						
Extra Duty: -			Faculty Load: -						
Units and Hours - Weekly Specialty Hours									
Activity Name		Туре	In Class	Out of Class					

No value

No value

No value

#### Requisites

#### **Advisory**

#### ENG110B - Intermediate Reading & Writing

A. Read introductory collegiate level vocabulary B. Determine the main idea of a paragraph C. Sequence the major ideas of a passage D. Compose phrases and simple sentences in response to short answer test questions

Entrance Skills				
Skill	Content Review			
No value	No value			

Limitations on Enrollment				
Limitation	Provide Rationale			
No value	No value			

# **Specifications**

Methods of Instruction	Methods of Instruction Rationale
Internet Research	B. Internet searches
Class Discussions	C. Group discussions
Other	A. Readings

#### Assignments

Writing Assignments/Proficiency Demonstration - A. A summary of the learning objectives from the various assessments and assignments will be required of the student. B. The final assignment of a career project will be required in essay form.

Assignments that demonstrate critical thinking - A. Students will be asked to participate in group discussions and/or write opinion essays after each

Assignments, methodologies, or other examples of how cultural pluralism is addressed - The instructor will facilitate discussions and assignments presented in class so the students have an understanding of their unique characteristics they bring to the workforce compared to the various diverse populations in the labor market not only in the Central Valley, but in the United States. Students are introduced to research presented from other students' perspectives to include but are not limited to gender dominant careers such as truck driving and nursing and the biases and resolutions presented when working in those industries.

Methods of Evaluation	Methods of Evalu	ation Rationale						
Project	B. Career project pa	B. Career project paper						
Participation	C. Participation in di	C. Participation in discussions						
Other	A. Written assignme	A. Written assignments						
Equipment								
No Value								
Textbooks								
Author	Title	Publisher	Date	ISBN				
			- 200					
Other Instructional Materials								
Description	Author		Citation					
•								
No Value	No Value		No Value					
Materials Fee								
No value								
Learning Outcomes and Objectives								
Course Objectives								
A. identify his or her interests, values, skills and personality type as they relate to career/life planning.								

C. examine information regarding specific occupations by researching job descriptions, job requirements and other pertinent data.

B. relate self-assessment data to specific occupations and/or career fields.

D. examine the various techniques and aspects of informed decision-making.

**CSLOs** 

IS-002-CSLO-01: The student will compare and contrast careers based on critical thinking, analytical and decision-making skills.

Expected SLO Performance: 70.0

IS-002-CSLO-02: The student will identify career goals based on their strengths and talents.

Expected SLO Performance: 70.0

#### **Outline**

#### **Course Outline**

- A. Overview of career planning process
- B. Career assessment program
- C. Values clarification
- D. Skills assessment
- E. Accomplishment story
- F. Personality mosaic/inventory
- G. Career searching resources
- H. Informational interviewing
- I. Resume writing